ENJOLI ROUNTREE

KEYNOTE/INSPIRATIONAL SPEAKER COMEDIAN/POET/HOST MINISTRESS OF LOVE



Meet Enjoli...

Enjoli is a jovial Keynote/Inspirational Speaker.

Comedian/Poet/Host and Ordained Ministress. With love and levity. Enjoli is on a mission to help others embrace self-empowerment through self-responsibility. Taking the time for self-care.

After 11 years of alcoholism. Enjoli developed an approach to free herself from alcohol. June 27. 2022 Enjoli implemented her approach and completely freed herself from the desire to consume alcohol.

She has shed 80+ lbs. and rehabilitated her body. mind and spirit by reminding herself to slow down and take the time for self-care.

Now Enjoli's cup overflows with love, joy, bliss and waves of inspiration. She wants everyone to feel at least as great as she does.

Enjoli is honored for the opportunity to share her story!

KEYNOTE TOPIC: SIMPLE SELF CARE. Set yourself up for success!

Keynote Takeaways...

- · A MindShift is needed to make positive change
- . Consider taking the time for self-care
- · Wonderful ways to take the time for self-care
- · Realize the importance of self-care to truly enJOY life
- Recognize the best thing one can do for themselves.
 their family and community is take the time for self-care.

Audiences...

- Students (High School/College)
- Faculty/Staff/Teachers
- Corporate Events
- · Community Events
- Leadership Retreats
- · Women's Groups/Retreats
- · Wellness Groups/Retreats

"So. by slowing my breath down I simultaneously invited my nervous system, heart, and brain into a calmer state which ultimately had a positive effect on my life." - Dr. Joe Dispeza

Reach out and book me!...



Phone: 707-621-5559



iremember.love8@gmail.com



Web Address: https://www.iremember.love/ Scan to learn more!

